

HoliPlay^{Club}

BY SKLLSETS

Arts & Crafts



Sensory Play

Water-based play

- Scooping, pouring, squeezing, and grasping toys builds hand strength, coordination, and dexterity
- Transferring water between containers or aiming at objects improve bilateral coordination and visual-motor integration
- Group water play encourages turn-taking, sharing, and cooperative play
- Water play provides controlled exposure to sensory input (temperature, texture, pressure), helping children develop sensory processing skills



Supervised Play

Some of our amazing activities:

- Fun puzzles to boost problem-solving and logical thinking
- Colour-matching and sorting games
- Toys that encourage imaginative and collaborative play
- Obstacles like hopscotch which foster physical activity, counting, and motor development
- Bat-and-ball activities improve focus and coordination
- Air hockey and ping pong to build reflexes, focus and coordination, plus just plain fun!
- Jungle gym for energetic play and physical strength-building



Visit our website for more details and to book your child's spot!

holiplay.club



Play with Purpose

The benefits of our activities
for your child

Colour-matching

- Fosters logical thinking by helping kids recognise similarities and differences between objects.
- Develops the ability to discern and differentiate between colours, which is foundational for visual learning and early literacy.
- Requires precision when picking up, moving, or placing small items into groups, strengthening hand muscles and coordination, which are essential for writing.

Sorting

- By size, shape, colour, category, etc.
- Teaches children how to categorise and organise, an essential skill for understanding patterns, relationships, and sequences.
- Develops descriptive language (red, blue, bigger, smaller, circle, triangle, less, more, same, different, etc).

Puzzles

- Require kids to think critically, plan, and test solutions, helping them develop problem-solving and reasoning abilities.
- Turning, sliding, and fitting puzzle pieces strengthens small hand muscles and improves hand control.
- Develops visual discrimination, necessary for skills like reading, writing, and recognising numbers and letters.

Arts & Crafts

- Activities like cutting, drawing, painting, gluing, threading beads, and folding paper build fine motor skills by strengthening hand and finger muscles.
- Precise movements required in arts and crafts improve control, which is beneficial for writing, tying shoelaces, and other everyday tasks.
- Arts and crafts involve working step-by-step, experimenting with ideas, and making decisions, all of which improve cognitive skills.
- Arts and crafts allow children to express themselves freely, helping them communicate emotions and ideas in a non-verbal way.
- Engages the senses through textures (smooth paper, rough fabric), colours, and mediums (paint, crayons, glue), which support sensory integration and exploration.
- Group arts and crafts encourage cooperation and sharing materials.
- Kids learn to adapt when things don't go as planned fostering resilience and creative problem-solving skills.

Sensory Play

- Children explore textures (wet, dry, gritty, smooth) through their hands and feet, stimulating touch receptors and enhancing sensory processing.
- Scooping, pouring, and molding help children refine their spatial awareness and ability to coordinate their movements.
- Develops cause and effect awareness through understanding concepts like what happens when sand is wet or when water flows from a higher to a lower point.
- Experimenting with how to build sand structures, create water channels, or hold water in different containers promotes critical thinking.
- Scooping, pouring, squeezing, and digging improve hand strength and finger dexterity, which are essential for later tasks like writing and cutting.
- Large arm movements (e.g., shoveling sand or carrying buckets of water) help develop upper body strength and coordination.
- Sand and water become blank canvases for imaginative play which nurtures creativity, social skills, confidence, and emotional resilience.

Outdoor Play

- Climbing, hanging, and swinging work key muscle groups, improving upper and lower body strength.
- Enhances core stability, balance, and coordination as children navigate through climbing ladders, sliding, or monkey bars.
- Hitting or catching a ball helps develop control over movements and spatial awareness.
- Running after a ball or swinging a bat contributes to stamina, and quick decision-making.
- Obstacle courses and jungle gyms require children to plan their approach, figure out strategies to overcome challenges, and think quickly to navigate routes.
- Walking on beams, crawling under barriers, or jumping over obstacles improves overall coordination and body awareness.